## Press Break

Frame 1
(4)


## Initial Set-Up

- 4 takes the ball out of bounds
- 1 is on the strong block
- 2 is on the weak elbow
- 3 in at $1 / 2$ court in center
- 5 is on opposite weak block

Frame 3


- On the catch, 2 will look for 3 up the sideline or 1 in the middle.
- If neither is open they can look to reverse the ball to 4.

Frame 2


- 1 will screen for 2.1 will come back to the ball after the screen.
- 4 passes to 2.
- When 2 catches the ball, 3 moves ball side. 4 steps in.

Frame 4


