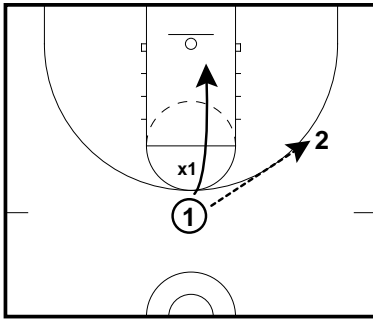
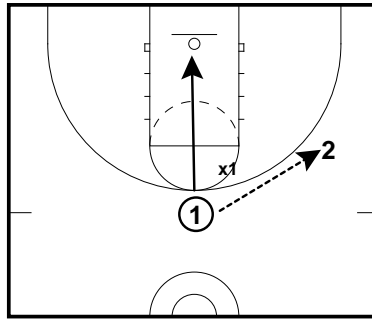


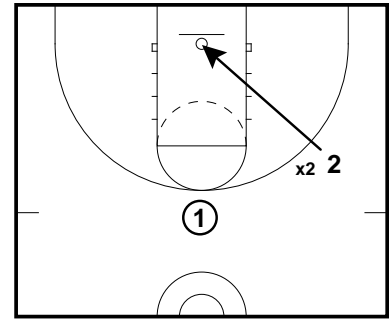
Front Cuts & Rear Cuts



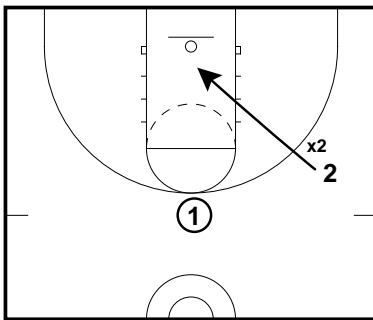
Front Cut - Any time you pass the ball and your defender does not jump to the ball, make a front cut in front of them to the basket.



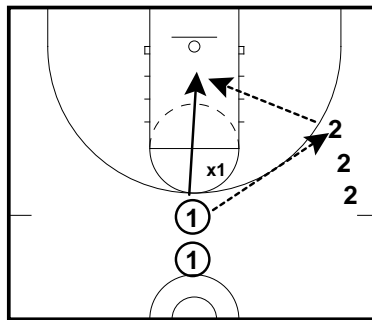
Rear Cut - Any time you pass the ball and the defender guarding you jumps to the ball, make a rear cut behind them.



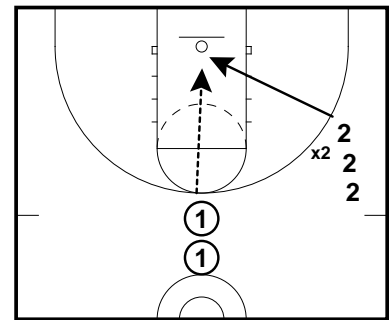
Wing Rear Cut - Any time you back cut, it is going to be a front cut or a rear cut depending on how your defender is playing you. The biggest thing to remember is that if you are one pass away and your defender is over the read line, you must back cut.



Wing Front Cut



Drill #1- Put a line at the top with balls and a line at the wing. Place a defender (could be the coach) on the ball. Instruct the defender to either jump to the ball or not. The offense will pass the ball and cut to the basket. Depending on how the defense plays, they must cut accordingly.



Drill #2 - Same set up as drill #1 except put the defender on the cutter. The cutter must recognize that they are one pass away from the ball and their defender is over the read line. They must cut to the basket.

Note: We do not teach our players to v-cut to get open. We tell our players that if they are one pass away from the ball and they are being denied, cut to the basket or get wider.